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Self-awareness may be the best
 antidote to collusion.

Whenever I'm training wellness
 coaches and use the term
 "collusion" a definition is required.

The term can have a variety of
 meanings and a search done on

"coaching and collusion" will yield an array of articles that seem
 to add to the confusion. While murder mysteries love to portray
 collusion as two of the bad guys conspiring to evil ends, the
 collusion we're talking about in coaching is more subconscious,
 more unintended, than conscious or deliberate.

Collusion occurs when a coach somehow merges with their
 client's view of themselves and the world instead of helping
 their client explore it. Let's examine what appearance collusion
 takes on, what results from it, what can be motivating it in the
 coach, and most importantly, how to avoid it.

Appearance: What Collusion Looks Like

While coaching is a client-
 centered process the
 colluding coach may allow
 the client to meander
 rather than explore. The
 client's wanderings may
 not be productive or hold

